



# Asquith Mixed Probus Club BULLETIN

## President's Letter

Our winter this year has been very cold but we had an excellent excursion by ferry to Watsons Bay this month. The company and lunch were excellent, thanks to Trish and Vicki...

Laurie is planning another great walk along the Cook's River to Gough Whitlam Park and we are hoping for more sunny days.

Our Speaker was well received and provided many interesting insights into dealing with dementia.

We will discuss future activities later in the meeting so make sure you put your name down.

President

Jim Jeffries



Out bird watching today and got this great shot of a falcon resting in a tree. I love nature.



### Meeting Dates at Magpies

#### General Meetings

10am for 10.30am start.

Thursday 1<sup>st</sup> August 2024

Thursday 5<sup>th</sup> September 2024

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Bulletin: Editor: Sylvia Gratton

☎ Mob:

**Asquith Mixed Probus Club Inc.**

The Secretary AMPC, 37 Alan Avenue,  
Hornsby 2077

Formed by the Rotary Club of Berowra on 2  
October 2008.

Club No: 9003799

District: 9685 PD3 Inc. No.: 9890687

**Bendigo Bank details for deposits.**

BSB No: 633-000 Account No.: 139 637 029

#### PRIVACY: In accordance with the Privacy

Act 1988 and recommendation from  
Probus South Pacific, this newsletter is  
private and confidential for members of  
Asquith

Mixed Probus Club use only and is not to be  
used for any other purpose.

**COMMITTEE NOTES - JULY 2024**

1. Many people appreciated, and made positive comments about the presentation by Donna Ward from Group Homes at the July Meeting. The program greatly improves the quality of life for those living with Dementia. We look forward to hearing from David Short from the Dubbo Support Group of the Royal Flying Doctor Service who will speak at our meeting in August.
2. On a beautiful winter's day for a ferry ride on the Harbour, those who participated in the trip to Watson's Bay for lunch or takeaway at Doyle's agreed it was a most enjoyable day's outing.
3. There are some great activities coming up in Walks, Tours and Hospitality, including the Cooks River Walk, the Archibald Guided Tour, Brunch at Dural and of course, our catered Birthday Barbeque at Bobbin Head in October. There will be a sign-on sheet for the Christmas lunch (at Magpies) at the September Meeting.
4. Sandra Death requested support for the fundraising effort for the family of Rob Parsonage, a father of five who suffered an aneurysm and passed away suddenly at Asquith Golf Club.

## Asquith Mixed Probus Club

## Treasurer's Report as at 8 July 2024.

Funds received so far this year	\$10,227.20	
Reduced by our expenses of	<u>\$8,142.42</u>	
Leaving funds available so far this year		\$2,084.78
 Add all previous year's surplus funds		<u>\$10,906.16</u>
Leaving members funds available		<u><u>\$12,990.94</u></u>
 .... The above funds consist of cash		\$15,032.62
less - mainly member's payments		
for future activities	\$2,041.68	
Less : Member Fees received in Advance	<u>\$0.00</u>	\$2,041.68
Total member funds		\$12,990.94



Treasurer's Report, 8 July 2024 : Angus  
Dougall.

**DOLLS When?** The Wednesday following our monthly 'member meeting' at 10.15 for a 10:30 start. Please join us for tea, coffee and a chat at Carol Channon's home. Wool, needles and stuffing supplied and the good news is you don't need to be able to knit! 28A Harwood Avenue, Mt Kuring-Gai. **Phone Carol.**

**MAH-JONG** The group meets every Wednesday afternoon from 1.30pm at Asquith Bowling Club. **Contact Pam Clarke**

**CARDS** 500 cards held 1<sup>st</sup> and 3rd Wednesday of the month at 10am at Magpies. New players welcome. **Phone Mary.**

**MEN'S GROUP** Meets 3<sup>rd</sup> Wednesday of the month at 10am in the Pavilion at Magpies. **Contact Robert Allison.**

AMPC Men's Group	Robert Allison	Dolls	Barbara Williamson /Carol Channon
Auditor	Robert Allison	5 <sup>th</sup> Thursday BBQ	Carol & John Channon
Books DVD	George Gates	Mah-jong	Pam Clarke
Jigsaws	Robert Montgomery	Theatres	
Cards 500	Mary Glasby	Walks	Laurie Keaton
Ambassador	John Davies	Web Site	Robert Allison
Public Officer & Historian	Sandra Death	Assist. Tours/Excurs.	Yenda Holland
Assist. Tours/Excurs.	Sandra Lees	Assist. Tours/Excurs.	Lula Andersen
Assist. Tours/Excurs.	Jim Thompson		

### AMPC COMMITTEE MEMBERS 2024-25

AMPC Committee Members		Phone	Email
President	Jim Jeffries		
Vice-President Elect	Barry Willick		
Vice-President	Vicki McPherson		
Secretary	Ruth Barwick		
Treasurer	Angus Dougall		
<b>Committee</b>			
Bulletin	Sylvia Gratton		
Hospitality	Judy Thompson		
Membership	Barry Willick		
Asst Membership	Denise Mayhew		
Programme	Jim Jeffries		
Tours/Excursions	Trish Taylor		
Welfare	Nita Shields		
Assistant Secretary	John Davies		
Assistant Treasurer			
Walks	Laurie Keaton		
Past President	Sandra Death		

## **WARRAGAMBA DAM/WESTERN SYDNEY AIRPORT**

After an early start, a beautiful day added to our viewing experience of Warragamba Dam and The Western Sydney International (Nancy-Bird Walton) Airport.

We stopped for morning tea at Warragamba Dam (Sydney's most important source of water), snapped a few photos from the viewing platforms, inspected the visitors' centre and strolled around the parkland. We then had lunch at Wallacia Hotel.



After lunch, we travelled to Western Sydney Airport. We were amazed at the layout and size of the new airport which is due to open in 2026 and will be capable of servicing ten million passengers a year. Vast works were underway ranging from the construction of terminals, freight facility, business park, metro, motorway, parking and further works. We listened to a very informative presentation which gave us a valuable insight into the future airfield and surrounds.

Trish Taylor



## TRIPS AWAY

### GRIFFITH SPRING FESTIVAL 19-24 OCTOBER 2024



This is a 6 day 5 night fully escorted tour (Hornsby to Hornsby) with Trade Travel which includes all meals and will take us to the heart of Australia's food bowl. Accommodation is at the Kidman Wayside Inn, travelling from there each day. The variety of attractions include the Temora Aviation Museum, gardens, amazing citrus sculptures, Altina Wildlife Park, Griffith Regional Art Gallery, War Memorial Museum, a winery, some silo art, the Cowra POW Hologram Theatre and the Southern Cotton Gin where we will learn about the cotton industry and ginning process - something different.

**\$2,148.00 per person Twin Share (Single Supplement \$440.00)**

**Application for this trip is still open. If you are interested in coming, please see Yenda.**

## DAY TRIPS

### NSW ART GALLERY - ARCHIBALD, WYNNE AND SULMAN EXHIBITION WITH GUIDE

**15 AUGUST, 2024**

**\$27.00**

#### **PAYMENT NEEDED BY END OF JULY**

8.13 am train from Hornsby platform 1, arriving at Town Hall, Town Hall 9.05 am train platform 5 to Martin Place, arriving at 9.07 am.

15 min walk to Art Gallery across the Domain

9.30 am - 1hr guided private group tour of the exhibition

Option to explore the Galleries at your leisure after the tour

Return walk to Martin Place Station OR bus 441 from Art Gallery to QVB at Town Hall

**TRISH**

## **GARDEN ISLAND DOCKYARD HERITAGE TOUR**

**THURSDAY 19TH SEPTEMBER 2024**

**10.00 AM**

**\$30.00 per person**

**PAYMENT DUE BY 30th AUGUST, 2024**

We will have a guided walking tour of GID. (Duration 2.5 hours starting at 10.00 am).

Catch the **8.01 North Shore train at Hornsby** (Platform 1) cars 2 & 3. NB Berowra 07.47, Mt Kuring-gai 07.51. Get off at **Wynyard** and proceed to the **York St bus stop G**. Catch the **311 bus at 9.08am** to GID.

We need to be at the GID gate by 9.45am for check in. The names of those attending must be supplied to PROBUS as we have to give this list to GID 2 weeks before the tour.

The tour includes stairs and uneven surfaces. Wear sensible shoes. No cameras.

After the tour finishes, there are several hotels nearby (including Harrys-cafe-de-Wheels) for lunch. You can walk back to the city or catch the 311 bus which leaves at 17 and 47 minutes past the hour.

**JIM THOMPSON**

## **COCHLEAR MANUFACTURING TOUR MACQUARIE PARK**

**21st NOVEMBER, 2024**

**11.00 am**

**MAXIMUM 35 PEOPLE**

9.31 Train from Hornsby (platform 4) to Epping. Changing at Epping for 9.54 am Metro (platform 5) to Macquarie University. Arrive 9.58 am.

Short 15 minute walk (slight incline) to Cochlear, 1 University Avenue, Macquarie Park.

\* 30 minute tour to see how implants are manufactured.

\* We will need to provide a list of attendees to Cochlear and they will provide a name tag when we arrive.

\* There is a cafe on the premises if you would like a coffee and Macquarie Shopping Centre close by for lunch.

Cochlear help people around the world to gain access to clearer sound and a lifetime of better hearing. Cochlear is the global leader in implantable hearing devices for people with moderate to profound hearing loss.

Join us on a 30minute tour to see how these implants are manufactured.

**TRISH**

## **THE ANGLERS REST HOTEL BROOKLYN**

**16th JANUARY, 2025**

**12.00 pm**

11.23 am train from Hornsby Station (platform 5) to Hawkesbury River. Arrive 11.47 am.  
Approximate 5 minute walk to the Anglers Rest Hotel. Return train to Hornsby runs hourly - 2.27 pm, 3.26 pm, 4.27 pm.

Join us for a relaxed lunch at the Anglers Rest Hotel and perhaps after lunch wander down to the Marina for an ice cream.

**TRISH**

## **NEPEAN BELL LUNCH CRUISE**

**20th FEBRUARY, 2025**



**Pick up: Hornsby Station 9.00 a.m. - returns approximately 5.00 pm**

**\$111.00 per person - PAYMENT TO BE MADE BY 7/2/2025**

**\*Please note 2024 price, may change in 2025**

### **Includes:**

- Morning Tea at Nurragingy Reserve with time to explore the Chang Lai Yuan Chinese Gardens
- Embark on Paddle Wheeler "Nepean Bell" travelling upstream from Penrith through picturesque Nepean Gorge
- Buffet lunch, consisting of shared platters for the main course and dessert, followed by tea or coffee
- Commentary of the region
- Visit to Penrith's Regional Gallery

**TRISH**

## HOSPITALITY

**BRUNCH** on Tuesday 13<sup>th</sup> August at 11am

The Centre Café.

1 Pellitt Lane, corner of Kenthurst Road, Dural.

Call Judy on if transport required



## BIRTHDAY CELEBRATION

17<sup>th</sup> October at Bobbin Head Pavilion

A delicious Barbeque will be served by Family Affair.

BYO drinks and glasses.

\$36.00 payable by October meeting



Our club pays for morning tea at our meetings. This includes

one serve of biscuits per person. Please do not double up as we are regularly running out of biscuits.

## JUDY

### *Speaker*

**Our Speaker in August will be David Short** who represents the Dubbo Support Group of the Royal Flying Doctor Service of Australia (South-Eastern Section)

David holds three degrees and is a pianist and organist with the Sydney Welsh Choir.

He will look at the history of the RFDS and its current work, particularly the activities at and from the Dubbo Base, and the initiatives that they are planning to undertake.

He will describe how skilled doctors, nurses, dentists, mental health clinicians and other specialists fly or drive to remote communities to provide a full suite of care.

**Our Speaker in September will be Cheryl Cartwright.**

For many years, Cheryl worked as a volunteer at one of the many Help Desks at Sydney Airport.



She will take a light-hearted look at life from behind the Help Desk and the comical situations that arise from among the 100,000 travellers that pass through each day.

## **WALKS**

Every effort is made to ensure safety and ease of travel arrangements. Participants are at least expected to read information sent out to those registering. For the next 2 walks a map will be attached and extra advice travel provided.

Participants leaving the scheduled walks need to be aware of club public insurance provisions protecting organisers. In such cases, you are no longer covered not being part of the group.

### **THURSDAY AUGUST 22 PARRAMATTA RIVER WALK 3.**

**Leads:** Laurie and Kevin.

**WHERE:** GOVERNOR PHILLIP WALK (HISTORIC) RIVER BANK & PARRAMATTA PARK COMMENCE AT PARRAMATTA FERRY WHARF.

**WHAT:** **Two Walks** – Both following the Northern Bank of the River. At The Old Kings Oval the Short Walk (2) crosses to the Park visiting sites. The Long walk (1) continues North past the rear of Comm Bank Stadium before joining the Park and Gardens. Both walks return to the George St gates to Parramatta RSL – the Lunch venue. Both Walks are rated **EASY. 4&6 km**

**TRAVEL:** **Hornsby 9.16am Train Plat4 to Meadowbank. Ferry at 10.00am**  
**Walkers from Asquith to Berowra** need to consider whether they catch the 8.26 or 8.56 am train on the day due to recent unreliability. The 856 Berowra train is timetabled to arrive at Hornsby at 09.10am.

**LUNCH:** DYOT in Parramatta or Parramatta Club (Reservation for 30 Max)

### **THURSDAY SEPTEMBER 26 GLADESVILLE BRIDGE & DRUMMOYNE**

**WHERE:** HUNTLEY'S POINT WHARF TO DRUMMOYNE SAILING CLUB

**Leads 1. Anne/Russ Dorey 2. Laurie**

**WHAT:** Two Walks Part of Sydney Harbour Circle Walk and The Local C1

Walk. A Map will be attached to the Mail Out for Registrations.

**Walk 1.** Cross the Bridge. Leave Victoria Rd & Loop Back to Drummoyne Ave. Sharp Right to Wright's Road. Left at Wolseley Road until St Georges Crescent. Stops at Queen Victoria (Spectacle Island) and Peppercorn (Schnapper Is). Short Stroll to the Club

Both Walks should take 90- 105 mins. Allowing stops. 4km+

**Walk 2.** Short cut joining St George's Crescent at Lyons Road.

**TRAVEL:** **Hornsby Plat 4 9.00 am** Arr Meadowbank 9.27 Dep Ferry 9.51

Return: 5-10 min walk to **Buses 504&506 Victoria Road Before Day.**

**Bus Destination Domain City.** Alight at Park St for Town Hall. 3km.

### **Activity 5<sup>th</sup> Thursday BBQ.**

When 29<sup>th</sup> August 2024

Where off Galston Road at the Community Recreation Reserve adjacent to the Galston indoor Aquatic Centre.

A large undercover barbeque area is provided with 4 Gas fired stainless steel BBQs.

Tables and chairs are provided you may like to bring your own picnics chairs.

Bring your own food and drinks. John & Carole Channon

### **PESSIMISTS INSPIRATIONAL SAYINGS.**

No matter how big the problem, it's never too late to run away.

Every morning is a good chance to have an even more awful day.

Regard life not as a competition more as a sequence of non-events.

Inside every opportunity is a disappointment waiting to happen.

It's not about winning or losing, it's the falling apart that counts.

It takes 17 muscles to smile but fewer to frown.

Many thanks Anne Dorey for your contribution to the Bulletin.

## UPCOMING EVENTS

DATE	ACTIVITY	CONVENOR	PAGE	PHONE NO
Every Wednesday	Mah-Jong Asquith Bowling Club	Pam Clarke	3	
1 <sup>st</sup> & 3 <sup>rd</sup> Wed 10am	500 Cards Magpies	Mary Glasby	3	
3 <sup>rd</sup> Weds of Month	Men's Group Magpies	Robert Allison	3	
1 <sup>st</sup> August 2024	Probus Meeting	Jim Jeffries		
7 <sup>th</sup> August 2024	Dolls	Carol Channon	3	
8 <sup>th</sup> August 2024	Committee Meeting	Jim Jeffries		
<b>13<sup>th</sup> August TUESDAY</b>	Brunch Dural	Judy Thompson	7	
15 <sup>th</sup> August 2024	Archibald Guided Tour	Trish Taylor	6	
22 <sup>nd</sup> August 2024	Parramatta River Walk	Laurie Keaton	8 & 9	
29 <sup>th</sup> August 2024	5 <sup>th</sup> Thursday BBQ	John & Carol Channon	10	
5 <sup>th</sup> September 2024	Probus Meeting	Jim Jeffries		
11 <sup>th</sup> September 2024	Dolls	Carol Channon	3	
12 <sup>th</sup> September 2024	Committee Meeting	Jim Jeffries		
19 <sup>th</sup> September 2024	Garden Island	Trish Taylor	6	
26 <sup>th</sup> September 2024	Huntley Pt to Drumoyne	Laurie Keaton	9 & 10	

